



# States' 4-H International Exchange Programs

## 2025 OUTBOUND PROGRAMS

Costa Rica · Japan · Taiwan · Korea · Argentina



Costa Rica



Japan



Taiwan



South Korea



Argentina

Are you curious about daily life, culture, and youth programs in other countries?  
Travel abroad with States' 4-H and enter a world that most visitors rarely get to see.

### Program Details:

States' 4-H Summer Outbound programs provide American 4-H youth with the opportunity to travel to foreign countries for a month-long cultural immersion experience. Delegates live with volunteer host families\* and engage in experiential learning about a new way of life. Delegates experience aspects of daily life that allow them to more deeply understand both their host culture and their own culture. Our network of like-minded international partners recruit host families and plan enrichment activities.

*\*Exception: Argentina uses group accommodations on program*

### 2025 Travel Dates\*

Japan 8-week:	June 11—August 8, 2025
Costa Rica:	June 19—July 18, 2025
Argentina:	June 19—July 13, 2025
Japan 4-week:	July 9—August 8, 2025
South Korea:	July 16—August 15, 2025
Taiwan:	July 16—August 15, 2025

*\*Program dates subject to slight change or modification*

### Eligibility:

4-H ages **12—18** for Japan 4-Week & Taiwan, **12—17** for Korea, and **15—18** for Costa Rica, Argentina, and Japan 8-Week

### Program Information:

- Adult chaperones accompany the group during international travel and remain in-country to provide support.
- States' 4-H provides Program Handbooks that cover everything from packing lists to financial matters to cultural information.
- States' 4-H conducts group conference calls and a National Departure Orientation prior to international travel.
- No prior language study is required, but it certainly is helpful! Our international partners have English-speaking staff on hand to assist you in communication.

### Application Deadline & Program Fees:

Contact your 4-H State Coordinator for deadlines and to apply.  
*Please note that program details are subject to change.*

### For more information:

[www.states4hexchange.org](http://www.states4hexchange.org)

[OB@states4h.org](mailto:OB@states4h.org)

(206) 462-2200

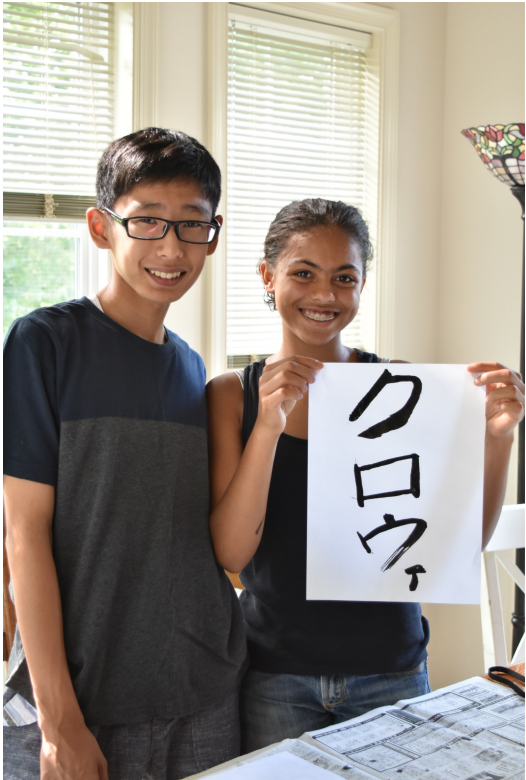
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States' 4-H International's mission is to enhance world understanding and global citizenship; one way to move towards that goal is through living with a local host family and immersing oneself in another culture.



## Program Fees Include:

Welcome packet; overnight national departure orientation; arrival orientation in host country; portion of chaperone fee; Accident & Sickness Medical Insurance; in-country transportation, lodging, and meals while on-program; country-specific activities as determined by international partner organizations; overnight national departure debriefing upon return.

## Program Policies:

- Program Cancellations:
  - \* No refund of paid deposits, unless full program cancelled by States' 4-H
- Airfare is non-refundable once issued
- In-State Fees may apply
- Unaccompanied Minor fees may apply (up to \$150 each way)
- Program details subject to change

## **Q: Will a chaperone accompany the group?**

**A:** Yes! Adult chaperones accompany the group during international travel and remain in-country to provide support during the exchange.

## **Q: Do I need to speak another language?**

**A:** No prior language study is required, but it is certainly helpful! Our international partners have English-speaking staff on hand to assist you in communication.

## **Q: How will States' 4-H prepare me for my homestay?**

**A:** States' 4-H provides travel handbooks that cover everything from packing lists to financial matters to cultural information. In addition, each state may conduct a spring orientation covering these topics. Delegates also receive details during the States' 4-H group conference call in late spring and a National Departure Orientation the day before the international flight.